



capo CAPO Forma Presents the capo
Berkeley Bicycle Club Criterium

Sponsored by the Berkeley Bicycle Club and East Bay Velo Club



Sunday July 19th, 2009

A portion of race proceeds will benefit
 Albany Public Schools through



Make your commitment to
 Albany Schools today!



Category	Start Time	Prizes	Places	Time	Field	Fee
Juniors 15-16*;17-18*	7:30am	Awards	6	40 min.	50	\$19
Elite 5 Men	8:15am	Awards	6	40 min.	50	\$27
Elite 4 Men	9:00am	\$150	6	50 min.	75	\$27
Masters 45+/55+ *	9:55am	\$150/\$150	6/6	50 min.	75	\$27
Women 4 / 35+*	10:50am	\$150/\$150	6/6	40 min.	50	\$27
Masters 35+ 1, 2, 3	11:35am	\$250	6	50 min.	75	\$27
Kids race	12:35pm	Prizes	All	40 min.	Open	Free
Master 35+ 4/5	1:20pm	\$150	6	40 min.	50	\$27
Elite 3 Men	2:05pm	\$250	6	50 min.	75	\$27
Women 1/2,3*	3:00pm	\$300/\$150	8/6	50 min.	75	\$27
Men Pro/ 1/2	3:55pm	\$500	8	60 min.	75	\$32

* picked separately

Registration opens at 6:30am and closes 15 min. before each event

Course: 0.6 mi. slightly-inclined, 4-corner crit around Memorial Park. Good pavement.

Directions: Albany is north of Berkeley. Hwy 80, take Central Ave Exit. Go east for ~1 mile. Turn right at Ashbury follow until Thousand Oaks Blvd. Park on Ashbury/KeyRoute.

Start/Finish: Portland between Key Route Blvd. and Carmel (south side of the park).

Please be considerate of local residents. We need their continued support for our race.

Rules: USCF rules apply **Pre-Registration:** Online registration at BikeReg.com (*plus \$2.80 BikeReg service fee) **NO MAIL-IN REGISTRATION. NO SUBSTITUTIONS.** Online reg closes July 17th **9:45PM Pacific Standard Time.** \$5 fee for late registration after 9:45pm PST on July 17th. Second race is \$10. Current district champions: \$3 (register day of race) and must race in the class in which you are champion. Rain or shine. No refunds.

Prizes: Merchandise and cash. At least half cash for all fields. Prizes will be offered in addition to prize list.

Kids Race: 3 categories, ages 4-5, 6-9, and 10-12. Fun, short races (less than ¼ mile) All receive prizes. Parents must be present and sign release. Helmets are mandatory.

Race Promoter: Jason Hanchett [email: jasonhanchett@yahoo.com; phone (510) 435-4838]

Part of the Cycles Gladiator wine 'Uninhibited Racer' Series

