

*City of Albany*  
*Proclamation*

**IN HONOR OF MARCH 2023 AS THE 21st ANNUAL  
MARCH FOR MEALS MONTH**

**WHEREAS**, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

**WHEREAS**, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

**WHEREAS**, the 2023 observance of March for Meals celebrates 21 years of providing an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

**WHEREAS**, Albany Meals on Wheels, a program providing home-delivered meals, has served our communities admirably for 38 years in the City of Albany; and

**WHEREAS**, volunteers for Albany Meals on Wheels, a program serving Albany CA, are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and


**WHEREAS**, Albany Meals on Wheels, a program serving Albany, CA providing nutritious meals to seniors that help them maintain their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

**WHEREAS**, Albany Meals on Wheels, a program serving Albany, CA providing a powerful socialization opportunity for millions of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

**WHEREAS**, Albany Meals on Wheels, a program serving Albany, CA deserves recognition for the contributions it has made and will continue to make to local communities, our State and our Nation.

**NOW, THEREFORE**, the Albany City Council does hereby proclaim March 2023 as the 21st Annual March for Meals Month and urge every citizen to take this month to honor our Meals on Wheels programs, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2023 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Date: March 6, 2023



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AARON TIEDEMANN, MAYOR

*City of Albany Proclamation No. 2023-04*