February 4, 2020

Advantages of joining the WHO/AARP Network of Age-Friendly Cities

- Automatic entry to the WHO global network
- A wide range of free resources on age-friendly and livable communities
- Opportunities for partnership with other cities
- The network provides cities with resources to become more age-friendly by tapping into national and global research, planning models and best practices
- Joining the network means that Albany's elected leadership has made a commitment to actively work with residents and local advocates to make our city an age-friendly place to live. This is public recognition for committing to becoming age-friendly.
- The network helps local leaders identify and understand community needs.
- The network fosters partnerships among community groups and local stakeholders.
- The network provides access to technical and expert-led webinars.
- AARP will work with local officials to facilitate Albany's enrollment and guides city representatives through the network's implementation and assessment process.

After enrolling in the Network:

60% of member communities achieved a change in public policy most often by integrating an "age-friendly lens" in community planning

34% achieved a private sector investment or action such as local retailers and restaurants securing "age-friendly business" designations, commitments by builders to expand use of age friendly design standards

85% described other successes, such as raising awareness of livability issues

Other Bay Area Cities in the Network and year they joined

Berkeley 2016 /Oakland 2018 /Alameda County 2019 /Emeryville 2018/ Marin County 2018/ San Francisco 2014/ Santa Clara became the first county in the country to have all cities become part of network

TASK FORCE/LEADERSHIP TEAM

The leader of the team could be a volunteer, community activist, agency staff member or someone employed by the City.

- Have a passion for livability project
- Have expert knowledge
- Willing to put in the time to see the project through
- Comprised of people who bring different perspectives to the work being done. This would mean people from government, volunteer sector, local businesses, academic, social service providers and residents.
- Ensure diversity on the team by including people who live in different neighborhoods or who represent different interests such as artists and business owners and those who have resided in Albany for longer and shorter periods of time
- The team should represent the ethnic, cultural and racial diversity of Albany as well as different income levels

To: SEJC

From: Aging in Place Subcommittee

The United States Center for Disease Control and Prevention defines aging in place as "the ability to live in one's own home and community safely, independently and comfortably regardless of age, income or ability level." Both the American Association of Retired People (AARP) and the World Health Organization (WHO) agree on what they call the 8 domains of livability. Those include Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information and Community and Health Services.

In the next 20 years the number of adults age 65 and older will nearly double in the United States. Many of these people will reject high priced institutional care and instead, will continue to live in the community even if they have one or more disabilities. The degree to which they can participate in community life will be determined, in part, by how well their physical environment accommodates them and the quality of services provided.

According to Alameda County the City of Albany's senior population of citizens over 60 years of age is 2,918. According to the City of Albany Housing Element the population over 60 in 2010 was 2934.

To compile this report, we looked at numerous websites including, AARP, WHO, Ashby Village, Alameda County, and various cities which have aging in place programs in place including Berkeley, Fremont and West Hollywood. We also met with Robin Mariona who is supervisor of the Albany Senior Center.

The Albany Senior Center is a vibrant, happening place. The Senior Center serves from 100 to 300 people per day. Senior Services run out of the Center include:

- Staff available to help connect seniors with social services, healthcare coverage, home health and meals and to help fill out forms.
- Meals on Wheels—The Albany Program delivers meals for seven days a week over a four-day period. This is funded by the city, county, state and done in collaboration with the City of Berkeley.

- A hot dinner is provided at low cost ($4.00 maximum) or no cost five days a week. This is also done in collaboration with the City of Berkeley.
- Birthdays are celebrated once a month with a special dinner.
- Mercy Brown Bag Program—Program provides food distribution on the first and third Fridays of each month. Each participant pays a $10.00 annual fee and Catholic Charities funds the remainder.
- Podiatry Services are provided once a month for no fee for Albany residents.
- Blood pressure tests are done free of charge once a week.
- Para Transit program—takes seniors shopping to Safeway, Target, Asian Mall and El Cerrito Plaza.
- Taxi Reimbursement Program
- Day trips which usually are fully booked with a waiting list. Includes transportation. Participants pay for the trips.
- A variety of classes that are provided for a nominal fee.
- Two computers are available for self-serve 30-minute sessions. Free tutoring appointments available on Mondays and Fridays.
- The Albany Community Foundation helps to support some programs at the Senior Center.

In addition, there is the Friends of Albany Seniors (FOAS). This is a volunteer group that raises money for the Senior Center to help supplement and take care of special needs. For example, FOAS paid for part of a new floor to be installed in the Senior Center. FAOS also provides scholarships for those seniors who want to participate and cannot afford to do so. These scholarships include trips, classes and meals. As of January, 2020 FAOS, has 123 lifetime members and 124 annual members.

Alameda County did an assessment of seniors in Alameda County in 2016. Unfortunately, only 39 seniors in Albany participated in the survey.

On December 3, 2019 Senior Center Supervisor, Robin Mariona, attended a seminar put on by the Bay Area Senior Health Policy Coalition. They are part of the SCAN Community of Constituents Initiative, building a statewide movement to transform the system of care so that all Californians can age with dignity, choice and independence. Robin took away two recommendations from the conference.

One, is that Albany needs to join the Network of Age Friendly Communities. To join the Network, an evaluation of the senior population of Albany must be done. Once again, we recommend using the AARP Questionnaire with some changes , as needed , for Albany. Robin also thought it would be helpful for the City to hire a consultant to help make this happen. One thought is that money for a consultant could come from the Soda Tax. It would be a one time use and definitely provide for healthier seniors in Albany. Another suggestion that Robin took away was that the City should form a Task Force/Leadership Team to take this task on. We agree with Robin about that. We recommend choosing the participants with great care. We do not want anybody "in name only" on this task force.

Additional recommendations from the subcommittee include:

- Any changes made to the city infrastructure would take into consideration the effect of the changes on the 8 domains of livability for seniors. Infrastructure is the fundamental facilities and systems serving a city including the services and facilities necessary for its economy to function. Infrastructure is composed of public and private physical improvements. There are two types of infrastructure, hard, which refers to the physical networks necessary for the functioning of a modern industry including, but not limited to roads, bridges, buildings, and soft which refers to the all the institutions that maintain the economic, health, social and cultural standards of a country including, but not limited to educational programs, parks and recreational facilities, law enforcement agencies and emergency services. The City may have to institute some training for Boards and Commissions to recognize how changes being considered affect the senior population.

- We recommend joining the Network of Age-Friendly States and Communities. On the AARP website are samples of resolutions for cities and communities to use to pass to become part of the network. Joining the network was the first item on the list for the County of Alameda and Cities of Berkeley and Fremont. There is no charge. Membership provides a community with:
  Public recognition for committing to becoming age-friendly
  Resources for identifying and assessing community needs

Access to technical assistance and expert led webinars
Support and best practice materials from AARP and WHO

- Conduct a livability assessment of the seniors in Albany. There is a 16-page questionnaire from AARP. This is the assessment the City of Berkeley did with a few minor changes. We would recommend the same for Albany. An assessment is required to become a member of the Age-Friendly Network. After an assessment is done the city can use the results along with input from all stakeholders to prepare a multiyear plan for the city.

- Conduct a month-long city campaign about the programs at the Senior Center. This could be done during Older Americans month. The Center is fabulous for those who access it, but it would be good to reach out.

- In the City of Berkeley Age-Friendly Action Plan they list a program being designed that will match UC Berkeley students who need affordable housing with older home owners who have space. We could partner with Berkeley or start our own program.

Survey of _____ in _____

YOUR COMMUNITY

1. How would you rate your community as a place for people to live as they age?
(This would be the geographical location where your home is located. A community can be located within a city or town or county.)

- ☐5 Excellent
- ☐4 Very good
- ☐3 Good
- ☐2 Fair
- ☐1 Poor

2. What is the name of your community? _____

3. What is your 5-digit ZIP code? ☐ ☐ ☐ ☐ ☐

4. How long have you lived in this community?

- ☐6 Less than 5 years
- ☐5 5 years but less than 15 years
- ☐4 15 years but less than 25 years
- ☐3 25 years but less than 35
- ☐2 35 years but less than 45
- ☐1 45 years or more

5. How long have you lived in your county?

- ☐6 5 years or less
- ☐5 5 years but less than 15 years
- ☐4 15 years but less than 25 years
- ☐3 25 years but less than 35
- ☐2 35 years but less than 45
- ☐1 45 years or more

6. Some people reside in places outside of their state for part of the year.
Which of the following describes how you reside in in your state? [CHECK ONLY ONE]

- ☐1 Year round, do not reside anywhere outside of [THE SURVEY AREA]
- ☐2 Seasonally, reside outside of [THE SURVEY AREA] during Winter, Spring, Summer or Fall on a regular basis

7. **Thinking about your retirement years when you do not work at all for pay, how likely is it that you will move to a different home *in* your community?**

    ☐5   Extremely likely

    ☐4   Very likely

    ☐3   Somewhat likely

    ☐2   Not very likely

    ☐1   Not at all likely

    ☐0   Not sure

8. **Thinking about your retirement years when you do not work at all for pay, how likely is it that you will move to a different home *outside* of your community?**

    ☐5   Extremely likely

    ☐4   Very likely

    ☐3   Somewhat likely

    ☐2   Not very likely

    ☐1   Not at all likely

    ☐0   Not sure

9. **If you were to consider moving out of your community during your retirement when you do not work at all, would the following factors impact your decision to move?**

	Yes	No	Not sure
a. Looking for a different home size that meets your needs	☐1	☐2	☐0
b. Maintaining your current home will be too expensive	☐1	☐2	☐0
c. Fearing for your personal safety or security concerns	☐1	☐2	☐0
d. Looking for a home that will help you live independently as you age	☐1	☐2	☐0
e. Wanting to move to an area that has better health care facilities	☐1	☐2	☐0
f. Wanting to be closer to family	☐1	☐2	☐0
g. Needing more access to public transportation	☐1	☐2	☐0
h. Wanting to live in a different climate	☐1	☐2	☐0
i. Looking for an area that has a lower cost of living	☐1	☐2	☐0

j. Other, please specify: _____

10. **How important is it for you to remain in your community as you age?**

    ☐5   Extremely important

    ☐4   Very important

    ☐3   Somewhat important

    ☐2   Not very important

    ☐1   Not at all important

HOUSING

11. Do you own or rent your primary home — or do you have some other type of living arrangement, such as living with a family member or friend?

- □₁ Own
- □₂ Rent
- □₃ Other type of living arrangement

12. What type of home is your primary home?

- □₁ Single family home
- □₂ Mobile home
- □₃ Town home or duplex
- □₄ Apartment
- □₅ Condominium or coop
- □₆ Other, please specify: _____

13. How important is it for you to be able to live independently in your own home as you age?

- □₅ Extremely important
- □₄ Very important
- □₃ Somewhat important
- □₂ Not very important
- □₁ Not at all important

14. People sometimes make modifications to their home so they can stay there as they age.
Do you think you will need to make the following types of modifications or improvements to your home to enable you to stay there as you age?

		Yes	No	Not Sure
a.	Easier access into or within your home such as a ramp, chairlift or elevator, or wider doorways	□₁	□₂	□₀
b.	Bathroom modifications such as grab bars, handrails, a higher toilet or non-slip tiles	□₁	□₂	□₀
c.	Putting a bedroom, bathroom and kitchen on the first floor	□₁	□₂	□₀
d.	Improving lighting	□₁	□₂	□₀
e.	Installing a medical emergency response system that notifies others in case of emergency	□₁	□₂	□₀
f.	Other, please specify:_____			

15. How important do you think it is to have the following in your community?

		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a.	Home repair contractors who are trustworthy, do quality work and are affordable	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
b.	Well-maintained homes and properties	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
c.	A home repair service for low-income and older adults that helps with repairs	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
d.	Seasonal services such as lawn work or snow removal for low-income and older adults	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
e.	Affordable housing options for adults of varying income levels such as older active adult communities, assisted living and communities with shared facilities and outdoor spaces	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
f.	Homes that are equipped with features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
g.	Well-maintained and safe low-income housing	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$

16. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Home repair contractors who are trustworthy, do quality work and are affordable	$\square_1$	$\square_2$	$\square_0$
b.	Well-maintained homes and properties	$\square_1$	$\square_2$	$\square_0$
c.	A home repair service for low-income and older adults that helps with repairs	$\square_1$	$\square_2$	$\square_0$
d.	Seasonal services such as lawn work or snow removal for low-income and older adults	$\square_1$	$\square_2$	$\square_0$
e.	Affordable housing options for adults of varying income levels, such as older active adult communities, assisted living and communities with shared facilities and outdoor spaces	$\square_1$	$\square_2$	$\square_0$
f.	Homes that are equipped with features such as a no-step entry, wider doorways, first floor bedroom and bath, grab bars in bathrooms	$\square_1$	$\square_2$	$\square_0$

OUTDOOR SPACES AND BUILDINGS

17. How important do you think it is to have the following in your community?

		Extremely important	Very important	Somewhat important	Not Very important	Not at all important
a.	Well-maintained and safe parks that are within walking distance of your home	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
b.	Public parks with enough benches	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
c.	Sidewalks that are in good condition, free from obstruction and are safe for pedestrian use and accessible for wheelchairs or other assistive mobility devices	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
d.	Well-maintained public buildings and facilities that are accessible to people of different physical abilities	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
e.	Separate pathways for bicyclists and pedestrians	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
f.	Well-maintained public restrooms that are accessible to people of different physical abilities	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
g.	Neighborhood watch programs	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$

18. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Well-maintained and safe parks that are within walking distance of your home	$\square_1$	$\square_2$	$\square_0$
b.	Public parks with enough benches	$\square_1$	$\square_2$	$\square_0$
c.	Sidewalks that are in good condition, free from obstruction and are safe for pedestrian use and accessible for wheelchairs or other assistive mobility devices	$\square_1$	$\square_2$	$\square_0$
d.	Well-maintained public buildings and facilities that are accessible to people of different physical abilities	$\square_1$	$\square_2$	$\square_0$
e.	Separate pathways for bicyclists and pedestrians	$\square_1$	$\square_2$	$\square_0$
f.	Well-maintained public restrooms that are accessible to people of different physical abilities	$\square_1$	$\square_2$	$\square_0$
g.	Neighborhood watch programs	$\square_1$	$\square_2$	$\square_0$

TRANSPORTATION AND STREETS

19. Do you get around for things like shopping, visiting the doctor, running errands or going to other places in the following ways?

		Yes	No
a.	Drive yourself	☐1	☐2
b.	Have others drive you	☐1	☐2
c.	Walk	☐1	☐2
d.	Ride a bike	☐1	☐2
e.	Use public transportation	☐1	☐2
f.	Take a taxi/cab	☐1	☐2
g.	Use a special transportation service, such as one for seniors or persons with disabilities	☐1	☐2

h. Other, please specify: _____

20. How important do you think it is to have the following in your community?

		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a.	Accessible and convenient public transportation	☐5	☐4	☐3	☐2	☐1
b.	Affordable public transportation	☐5	☐4	☐3	☐2	☐1
c.	Well-maintained public transportation vehicles	☐5	☐4	☐3	☐2	☐1
d.	Reliable public transportation	☐5	☐4	☐3	☐2	☐1
e.	Safe public transportation stops or areas	☐5	☐4	☐3	☐2	☐1
f.	Special transportation services for people with disabilities and older adults	☐5	☐4	☐3	☐2	☐1
g.	Well-maintained streets	☐5	☐4	☐3	☐2	☐1
h.	Easy to read traffic signs	☐5	☐4	☐3	☐2	☐1
i.	Enforced speed limits	☐5	☐4	☐3	☐2	☐1
j.	Public parking lots, spaces and areas to park	☐5	☐4	☐3	☐2	☐1
k.	Affordable public parking	☐5	☐4	☐3	☐2	☐1
l.	Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)	☐5	☐4	☐3	☐2	☐1
m.	Audio/visual pedestrian crossings	☐5	☐4	☐3	☐2	☐1
n.	Driver education/refresher courses	☐5	☐4	☐3	☐2	☐1

21. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Accessible and convenient public transportation	$\square_1$	$\square_2$	$\square_0$
b.	Affordable public transportation	$\square_1$	$\square_2$	$\square_0$
c.	Well-maintained public transportation vehicles	$\square_1$	$\square_2$	$\square_0$
d.	Reliable public transportation	$\square_1$	$\square_2$	$\square_0$
e.	Safe public transportation stops or areas	$\square_1$	$\square_2$	$\square_0$
f.	Special transportation services for people with disabilities and older adults.	$\square_1$	$\square_2$	$\square_0$
g.	Well-maintained streets	$\square_1$	$\square_2$	$\square_0$
h.	Easy to read traffic signs	$\square_1$	$\square_2$	$\square_0$
i.	Enforced speed limits	$\square_1$	$\square_2$	$\square_0$
j.	Public parking lots, spaces and areas to park	$\square_1$	$\square_2$	$\square_0$
k.	Affordable public parking	$\square_1$	$\square_2$	$\square_0$
l.	Well-lit, safe streets and intersections for all users (pedestrians, bicyclists, drivers)	$\square_1$	$\square_2$	$\square_0$
m	Audio/visual pedestrian crossings	$\square_1$	$\square_2$	$\square_0$
n.	Driver education/refresher courses	$\square_1$	$\square_2$	$\square_0$

HEALTH AND WELLNESS

22. In general, when compared to most people your age, how would you rate your health?

$\square_5$ Excellent
$\square_4$ Very good
$\square_3$ Good
$\square_2$ Fair
$\square_1$ Poor

23. How often do you engage in some form of physical exercise (such as walking, running, biking, swimming, sports, strength training, yoga, stretching)?

$\square_7$ Everyday
$\square_6$ Several times a week, but not everyday
$\square_5$ About once a week
$\square_4$ About once every other week
$\square_3$ About once a month
$\square_2$ Less than once a month
$\square_1$ Never

24. How important is it to you to remain physically active for as long as possible?

- ☐5   Extremely important
- ☐4   Very important
- ☐3   Somewhat important
- ☐2   Not very important
- ☐1   Not at all important

25. How important do you think it is to have the following in your community?

	Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a. Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control............	☐5	☐4	☐3	☐2	☐1
b. Fitness activities specifically geared to older adults	☐5	☐4	☐3	☐2	☐1
c. Conveniently located health and social services	☐5	☐4	☐3	☐2	☐1
d. A service that helps seniors find and access health and supportive services	☐5	☐4	☐3	☐2	☐1
e. Conveniently located emergency care centers	☐5	☐4	☐3	☐2	☐1
f. Easy to find information on local health and supportive services	☐5	☐4	☐3	☐2	☐1
g. Home care services including health, personal care and housekeeping	☐5	☐4	☐3	☐2	☐1
h. Well-trained certified home health care providers	☐5	☐4	☐3	☐2	☐1
i. Affordable home health care providers	☐5	☐4	☐3	☐2	☐1
j. Well-maintained hospitals and health care facilities	☐5	☐4	☐3	☐2	☐1
k. A variety of health care professionals including specialists .	☐5	☐4	☐3	☐2	☐1
l. Health care professionals who speak different languages ...	☐5	☐4	☐3	☐2	☐1
m. Easily understandable and helpful local hospital or clinic answering services...	☐5	☐4	☐3	☐2	☐1
n. Respectful and helpful hospital and clinic staff...................	☐5	☐4	☐3	☐2	☐1

26. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Health and wellness programs and classes in areas such as nutrition, smoking cessation, and weight control	□1	□2	□0
b.	Fitness activities specifically geared to older adults..................................	□1	□2	□0
c.	Conveniently located health and social services	□1	□2	□0
d.	A service that helps seniors find and access health and supportive services	□1	□2	□0
e.	Conveniently located emergency care centers...	□1	□2	□0
f.	Easy to find information on local health and supportive services	□1	□2	□0
g.	Home care services including health, personal care and housekeeping ...	□1	□2	□0
h.	Well-trained certified home health care providers....................................	□1	□2	□0
i.	Affordable home health care providers	□1	□2	□0
j.	Well-maintained hospitals and health care facilities..................................	□1	□2	□0
k.	A variety of healthcare professionals including specialists	□1	□2	□0
l.	Health care professionals who speak different languages	□1	□2	□0
m.	Easily understandable and helpful local hospital or clinic answering services	□1	□2	□0
n.	Respectful and helpful hospital and clinic staff..	□1	□2	□0

SOCIAL PARTICIPATION, INCLUSION AND EDUCATION OPPORTUNITIES

27. About how frequently do you interact with your friends, family or neighbors in your community? This interaction could be by phone, in person, email or social media (such as Facebook).

- □8   More than once a day
- □7   About once a day
- □6   Several times a week
- □5   Once a week
- □4   Once every 2 or 3 weeks
- □3   Once a month
- □2   Less than monthly
- □1   Never

28. Where do you typically go for continuing education or self-improvement classes/workshops in your community? [CHECK ALL THAT APPLY]

- ☐₁ University/Community College
- ☐₂ Department of Parks and Recreation
- ☐₃ Faith community
- ☐₄ Local organizations or businesses
- ☐₅ Community center
- ☐₆ Senior center
- ☐₇ Offerings through my work
- ☐₈ Online programs
- ☐₉ Other, please specify:
- ☐₀ I do NOT participate in any continuing education/self-improvement classes

29. How important do you think it is to have the following in your community?

		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a.	Conveniently located venues for entertainment.........	☐₅	☐₄	☐₃	☐₂	☐₁
b.	Activities specifically geared to older adults	☐₅	☐₄	☐₃	☐₂	☐₁
c.	Activities that offer senior discounts........................	☐₅	☐₄	☐₃	☐₂	☐₁
d.	Activities that are affordable to all residents	☐₅	☐₄	☐₃	☐₂	☐₁
e.	Activities involving young *and* older people	☐₅	☐₄	☐₃	☐₂	☐₁
f.	Accurate and widely publicized information about social activities..	☐₅	☐₄	☐₃	☐₂	☐₁
g.	A variety of cultural activities for diverse populations..	☐₅	☐₄	☐₃	☐₂	☐₁
h.	Local schools that involve older adults in events and activities..	☐₅	☐₄	☐₃	☐₂	☐₁
i.	Continuing education classes	☐₅	☐₄	☐₃	☐₂	☐₁
j.	Social clubs such as for books, gardening, crafts or hobbies	☐₅	☐₄	☐₃	☐₂	☐₁

30. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Conveniently located venues for entertainment	$\square_1$	$\square_2$	$\square_0$
b.	Activities specifically geared to older adults	$\square_1$	$\square_2$	$\square_0$
c.	Activities that offer senior discounts	$\square_1$	$\square_2$	$\square_0$
d.	Activities that are affordable to all residents	$\square_1$	$\square_2$	$\square_0$
e.	Activities that involve both younger and older people	$\square_1$	$\square_2$	$\square_0$
f.	Accurate and widely publicized information about social activities	$\square_1$	$\square_2$	$\square_0$
g.	A variety of cultural activities for diverse populations	$\square_1$	$\square_2$	$\square_0$
h.	Local schools that involve older adults in events and activities	$\square_1$	$\square_2$	$\square_0$
i.	Continuing education classes	$\square_1$	$\square_2$	$\square_0$
j.	Social clubs such as for books, gardening, crafts or hobbies	$\square_1$	$\square_2$	$\square_0$

VOLUNTEERING AND CIVIC ENGAGEMENT

31. How important do you think it is to have the following in your community?

		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a.	A range of volunteer activities to choose from	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
b.	Volunteer training opportunities to help people perform better in their volunteer roles	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
c.	Opportunities for older adults to participate in decision making bodies such as community councils or committees	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
d.	Easy to find information about local volunteer opportunities	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
e.	Transportation to and from volunteer activities for those who need it	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$

32. Does the community where you live have the following?

		Yes	No	Not Sure
a.	A range of volunteer activities to choose from	$\square_1$	$\square_2$	$\square_0$
b.	Volunteer training opportunities to help people perform better in their volunteer roles	$\square_1$	$\square_2$	$\square_0$
c.	Opportunities for older adults to participate in decision making bodies such as community councils or committees	$\square_1$	$\square_2$	$\square_0$
d.	Easy to find information about local volunteer opportunities	$\square_1$	$\square_2$	$\square_0$

Job Opportunities

33. Which of the following best describes your current employment status?

    ☐$_7$ Self-employed, part-time ➔*GO TO Question 34*

    ☐$_6$ Self-employed, full-time ➔*GO TO Question 34*

    ☐$_5$ Employed, part-time ➔*GO TO Question 34*

    ☐$_4$ Employed, full-time ➔*GO TO Question 34*

    ☐$_3$ Unemployed, but looking for work ➔*GO TO Question 34*

    ☐$_2$ Retired, not working at all ➔*GO TO Question 35*

    ☐$_1$ Not in labor force for other reasons ➔*GO TO Question 35*

34. How likely is it that you will continue to work for as long as possible, rather than choosing to retire and no longer work for pay?

    ☐$_5$ Extremely likely
    ☐$_4$ Very likely
    ☐$_3$ Somewhat likely
    ☐$_2$ Not very likely
    ☐$_1$ Not at all likely
    ☐$_0$ Not sure

35. How important do you think it is to have the following in your community?

	Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a. A range of flexible job opportunities for older adults ...	☐$_5$	☐$_4$	☐$_3$	☐$_2$	☐$_1$
b. Job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work.............	☐$_5$	☐$_4$	☐$_3$	☐$_2$	☐$_1$
c. Jobs that are adapted to meet the needs of people with disabilities.................	☐$_5$	☐$_4$	☐$_3$	☐$_2$	☐$_1$

36. Does the community where you live have the following?

	Yes	No	Not Sure
a. A range of flexible job opportunities for older adults.............................	☐$_1$	☐$_2$	☐$_0$
b. Job training opportunities for older adults who want to learn new job skills within their job or get training in a different field of work	☐$_1$	☐$_2$	☐$_0$
c. Jobs that are adapted to meet the needs of people with disabilities......	☐$_1$	☐$_2$	☐$_0$

COMMUNITY INFORMATION

37. Would you turn to the following resources if you, a family member or friend needed information about services for older adults, such as caregiving services, home delivered meals, home repair, medical transport or social activities?

		Yes	No
a.	Local senior centers	$\square_1$	$\square_2$
b.	Local Area Agency on Aging (AAA)	$\square_1$	$\square_2$
c.	Family or Friends	$\square_1$	$\square_2$
d.	Local nonprofit organizations	$\square_1$	$\square_2$
e.	AARP	$\square_1$	$\square_2$
f.	Faith-based organizations such as churches or synagogues	$\square_1$	$\square_2$
g.	Internet	$\square_1$	$\square_2$
h.	Phone book	$\square_1$	$\square_2$
i.	Your doctor or other health care professional	$\square_1$	$\square_2$
j.	Local government offices such as the Department of Health	$\square_1$	$\square_2$
k	Library	$\square_1$	$\square_2$

38. How important do you think it is to have the following in your community?

		Extremely Important	Very Important	Somewhat Important	Not Very Important	Not At All Important
a.	Access to community information in one central source	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
b.	Clearly displayed printed community information with large lettering	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
c.	An automated community information source that is easy to understand like a toll-free telephone number	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
d.	Free access to computers and the Internet in public places such as the library, senior centers or government buildings	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
e.	Community information that is delivered in person to people who may have difficulty or may not be able to leave their home	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$
f.	Community information that is available in a number of different languages	$\square_5$	$\square_4$	$\square_3$	$\square_2$	$\square_1$

39. Does the community where you live have the following?

		Yes	No	Not Sure
a.	Access to community information in one central source	$\square_1$	$\square_2$	$\square_0$
b.	Clearly displayed printed community information with large lettering...	$\square_1$	$\square_2$	$\square_0$
c.	An automated community information source that is easy to understand like a toll-free telephone number	$\square_1$	$\square_2$	$\square_0$
d.	Free access to computers and the Internet in public places such as the library, senior centers or government buildings.............................	$\square_1$	$\square_2$	$\square_0$
e.	Community information that is delivered in person to people who may have difficulty or may not be able to leave their home	$\square_1$	$\square_2$	$\square_0$
f.	Community information that is available in a number of different languages	$\square_1$	$\square_2$	$\square_0$

ABOUT YOU

D1. Are you male or female?
- $\square_1$ Male
- $\square_2$ Female

D2. What is your age as of your last birthday? $\square\ \square\ \square$ [AGE IN YEARS]

D3. What is your current marital status?
- $\square_1$ Married
- $\square_2$ Not married, living with partner
- $\square_3$ Separated
- $\square_4$ Divorced
- $\square_5$ Widowed
- $\square_6$ Never married

D4. Are you or your spouse currently a member of AARP?
- $\square_1$ Yes
- $\square_2$ No

D5. Besides yourself, do you have any of the following people living in your household?

		Yes	No
a.	Child/children under 18..	$\square_1$	$\square_2$
b.	Child/children 18 or older..	$\square_1$	$\square_2$
c.	Child/children away at college..............................	$\square_1$	$\square_2$
d.	Parents	$\square_1$	$\square_2$
e.	Other adult relative or friend 18 or older	$\square_1$	$\square_2$

D6. Do you have any of the following kinds of health care coverage?

		Yes	No	Not Sure
a.	Insurance through a current or former employer of yours or your spouse ...	$\square_1$	$\square_2$	$\square_0$
b.	Insurance purchased directly from an insurance company (not through an employer)	$\square_1$	$\square_2$	$\square_0$
c.	Medicare (for people 65 and older or people with certain health disabilities)	$\square_1$	$\square_2$	$\square_0$
d.	Medicaid or any kind of government assistance plan for those with low incomes or a disability......................................	$\square_1$	$\square_2$	$\square_0$
e.	Veterans Administration or other military health care	$\square_1$	$\square_2$	$\square_0$
f.	Any other insurance coverage	$\square_1$	$\square_2$	$\square_0$

D7. Does any disability, handicap, or chronic disease keep you and/or your spouse or partner from fully participating in work, school, housework or other activities? [CHECK ONLY ONE]

$\square_1$ Yes, myself
$\square_2$ Yes, my spouse or partner
$\square_3$ Yes, both me and my spouse or partner
$\square_4$ No

D8. Are you of Hispanic, Spanish, Latino origin or descent?

$\square_1$ Yes ➔ *GO TO Question D9*

$\square_2$ No ➔ *GO TO Question D10*

D9. If you are Hispanic or Latino, please indicate which one best represents the language (s) you speak at home. [CHECK ONLY *ONE*]

$\square_1$ Spanish only
$\square_2$ Spanish most of the time
$\square_3$ Spanish and English equally but prefer Spanish
$\square_4$ Spanish and English equally and do not have a preference
$\square_5$ Spanish and English equally but prefer English
$\square_6$ English most of the time
$\square_7$ English only

D10. What is your race and/or ethnicity? [CHECK *ALL* THAT APPLY]

$\square_1$ White or Caucasian
$\square_2$ Black or African American
$\square_3$ American Indian or Alaska Native
$\square_4$ Asian
$\square_5$ Native Hawaiian or other Pacific Islander
$\square_6$ Other, please specify:_____

D11. What is the highest level of education you have completed?

- $\square_1$ K-12th grade (no diploma)
- $\square_2$ High school graduate, GED or equivalent
- $\square_3$ Post-high school education/training (no degree)
- $\square_4$ 2-year college degree
- $\square_5$ 4-year college degree
- $\square_6$ Post-graduate study (no degree)
- $\square_7$ Graduate or professional degree(s)

D12. Thinking about state elections for [STATE] Governor and Legislators in the last five years, how often would you say you voted?

- $\square_5$ Always
- $\square_4$ Most of the time
- $\square_3$ About half of the time
- $\square_2$ Seldom
- $\square_1$ Never

D13. Do you consider yourself to be a Democrat, a Republican, an Independent or something else?

- $\square_1$ Democrat
- $\square_2$ Republican
- $\square_3$ Independent
- $\square_4$ Something else

D14. In general, how often do you go online to access the Internet for things like sending or receiving email, getting news and information, paying bills or managing finances or buying products or services? This includes access from home, work, a mobile device (such as a smartphone), or someplace else.

- $\square_1$ Several times a day
- $\square_2$ About once a day
- $\square_3$ 3-6 days a week
- $\square_4$ 1-2 days a week
- $\square_5$ Once every few weeks
- $\square_6$ Once a month or less
- $\square_7$ Never go online

D15. What was your annual household income before taxes in the most recent tax year?

- $\square_1$ Less than $10,000
- $\square_2$ $10,000 to $19,999
- $\square_3$ $20,000 to $29,999
- $\square_4$ $30,000 to $49,999
- $\square_5$ $50,000 to $74,999
- $\square_5$ $50,000 to $74,999
- $\square_6$ $75,000 to $99,999
- $\square_7$ $100,000 to $149,999
- $\square_8$ $150,000 or more

D16. Please use the space below for any additional comments.

> **Thank you very much for completing this survey.**
> **Your assistance in providing this information is greatly appreciated.**