

# *City of Albany*

## *Proclamation*

### **IN HONOR OF MARCH 2020 AS THE 18<sup>th</sup> ANNUAL MARCH FOR MEALS MONTH**

**WHEREAS**, on March 22, 1972, President Richard Nixon signed into law a measure that amended the Older Americans Act of 1965 and established a national nutrition program for seniors 60 years and older; and

**WHEREAS**, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the historic month, the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and raise awareness about the escalating problem of senior hunger in America; and

**WHEREAS**, the 2020 observance of March for Meals celebrates 18 years of providing an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

**WHEREAS**, Meals on Wheels programs – both congregate and home-delivered, have served our communities admirably for more than 40 years in California, and over 35 years in Albany, and

**WHEREAS**, volunteers for Meals on Wheels program in Albany are the backbone of the program and they not only deliver nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also caring concern and attention to their welfare; and

**WHEREAS**, Meals on Wheels program in Albany provide nutritious meals to seniors throughout the City that help them maintain their health and independence, thereby preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

**WHEREAS**, Meals on Wheels of Alameda County's program in Albany provide a powerful socialization opportunity for millions of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

**WHEREAS**, Tri-City Meals on Wheels in Albany, Berkeley and Emeryville deserves recognition for the contributions they have made and will continue to make to local communities, our State and our Nation.

**NOW, THEREFORE**, the Albany City Council does hereby proclaim March 2020 as the 18th Annual March for Meals Month and urge every citizen to take this month to honor Meals on Wheels of Alameda County programs, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2020 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Dated: March 2, 2020

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NICK PILCH, MAYOR