

*City of Albany*  
*Proclamation*

IN HONOR OF WORLD BREASTFEEDING WEEK  
AUGUST 1 – 7, 2019

**WHEREAS**, breastfeeding is an issue of great importance to women, infants, their families, and their physicians; and

**WHEREAS**, exclusive breastfeeding for the first six months of life provides all the nutrition babies need to grow; and

**WHEREAS**, the nutrients exclusive to human milk are vital to the growth, development, and maintenance of the human brain and cannot be manufactured; and

**WHEREAS**, breastfeeding is an important component of child health, contributing to their growth and psycho-social development, reducing infectious and chronic diseases in childhood and later adulthood; and


**WHEREAS**, mothers who breastfeed reduce their risk for cancers and other diseases; and

**WHEREAS**, breastfeeding is economical, providing its benefits at little or no cost; and

**WHEREAS**, mothers need the support of fathers, friends, health professionals, and communities to initiate and sustain breastfeeding.

**NOW, THEREFORE**, in appreciation of breastfeeding mothers and of all the dedicated volunteers, professionals, communities, and organizations who support their efforts, the Albany City Council does hereby proclaim August 1-7, 2019 as World Breastfeeding Week.

Dated: July 15, 2019

  
Rochelle Nason, Mayor