

City of Albany
Proclamation

**IN HONOR OF WORLD BREASTFEEDING WEEK
AUGUST 1 – 7, 2019**

WHEREAS, breastfeeding is an issue of great importance to women, infants, their families, and their physicians; and

WHEREAS, exclusive breastfeeding for the first six months of life provides all the nutrition babies need to grow; and

WHEREAS, the nutrients exclusive to human milk are vital to the growth, development, and maintenance of the human brain and cannot be manufactured; and

WHEREAS, breastfeeding is an important component of child health, contributing to their growth and psycho-social development, reducing infectious and chronic diseases in childhood and later adulthood; and

WHEREAS, mothers who breastfeed reduce their risk for cancers and other diseases; and

WHEREAS, breastfeeding is economical, providing its benefits at little or no cost; and

WHEREAS, mothers need the support of fathers, friends, health professionals, and communities to initiate and sustain breastfeeding.

NOW, THEREFORE, in appreciation of breastfeeding mothers and of all the dedicated volunteers, professionals, communities, and organizations who support their efforts, the Albany City Council does hereby proclaim August 1-7, 2019 as World Breastfeeding Week.

Dated: July 15, 2019

Rochelle Nason, Mayor