## City of Albany Proclamation

## IN RECOGNITION OF PAIN AWARENESS MONTH

WHEREAS, pain is a major public health problem for children and adults and is the number one reason Americans seek medical care; and

WHEREAS, the Institute of Medicine has found that 100 million Americans live with chronic pain as a result of serious illnesses and injuries; and

WHEREAS, chronic pain costs the nation an estimated \$560 to \$630 billion annually in medical expenses, lost wages and lost productivity; and

WHEREAS, pain negatively impacts almost every aspect of a person's life including the ability to work, sleep and engage in social activities as well as adversely impacts pain sufferers' families and caregivers; and

WHEREAS, the U.S. Pain Foundation's mission is to educate, connect, inform, empower and advocate on behalf of our over 80,000 members throughout the country and all those who live with chronic pain; and

WHEREAS, the U.S. Pain Foundation provides education on pain management skills and constructive ways to cope with pain and find fulfillment in life; and

WHEREAS, increased awareness about the effects of chronic pain result in better outcomes, increased access to good pain care and empowerment and validation for those living with pain;

**NOW, THEREFORE, BE IT PROCLAMED**, that the City Council of the City of Albany does hereby recognize September, 2017 as Pain Awareness Month.

Peggy McQuaid, Mayor

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