



**CITY OF ALBANY
RECREATION & COMMUNITY SERVICES DEPARTMENT
1249 MARIN AVENUE
ALBANY, CA 94706**

ADULT SOFTBALL RULES & REGULATIONS

PRIMARY GOAL

THE MAIN OBJECTIVES OF ADULT SOFTBALL ARE TO HAVE FUN AND COMPETE.

PLAYERS' CODE OF CONDUCT

- 1. TEAM MANAGERS ARE RESPONSIBLE FOR THE ACTIONS OF THEIR PLAYERS AND SPECTATORS.**
- 2. TEAMS AND THEIR SPECTATORS ARE EXPECTED TO SHOW GOOD SPORTSMANSHIP.**
- 3. COMPLAINTS ABOUT RULES AND UNSPORTSMANLIKE CONDUCT SHOULD BE MADE BY THE TEAM MANAGER (ONLY) TO THE UMPIRES.**
- 4. GAME OFFICIALS CAN EJECT A PLAYER OR SPECTATOR FOR:**
 - A. REFUSAL TO ABIDE BY AN OFFICIAL'S DECISION**
 - B. VERBAL ABUSE SUCH AS TAUNTING OR VULGAR LANGUAGE**
 - C. PHYSICALLY THREATENING OR ATTACKING ANOTHER PERSON**
 - D. USING UNNECESSARY ROUGH TACTICS**
 - E. POSSESSION OF ALCOHOL AT THE GAME OR THE PRESENCE OF ALCOHOL ON A PLAYER'S BREATH**
 - F. SMOKING**
- 5. AN EJECTED PLAYER OR SPECTATOR MUST IMMEDIATELY LEAVE THE FIELD AND PARK PROPERTY. THE GAME WILL NOT CONTINUE UNTIL THE EJECTED PERSON HAS LEAVE THE PARK PROPERTY. IF THE PLAYER OR SPECTATOR REFUSES TO LEAVE THE FACILITY THEIR TEAM'S CURRENT GAME AND NEXT SCHEDULED GAME WILL BE FORFEITED AND ALBANY PD MAY BE CALLED.**
- 6. THE EJECTED PLAYER & THEIR MANAGER WILL BOTH RECEIVE AN AUTOMATIC SUSPENSION FOR THE NEXT LEAGUE GAME.**
- 7. FLAGRANT ACTS SUCH AS VERBAL ABUSE, PHYSICAL THREATS, OR PHYSICAL ATTACKS TOWARDS GAME OFFICIALS, RECREATION DEPARTMENT OFFICIALS, PLAYERS, AND SPECTATORS WILL BE SUBJECT TO PERMANENT LEAGUE SUSPENSION. THIS INCLUDES SUSPENSION FROM ALL ALBANY SPORTS LEAGUES.**
- 8. THE RECREATION DEPARTMENT HAS THE FULL POWER AND DISCRETION OF IMPOSING PENALTIES ON ALL VIOLATIONS OF THE PLAYERS' CODE OF CONDUCT. FOR VIOLATIONS NOT LISTED, THE PENALTY SHALL BE DECIDED AT THE DISCRETION OF THE LEAGUE DIRECTOR.**

LEAGUE INFO

1. **TEAMS MUST PAY LEAGUE FEES PRIOR TO THE START OF THE SEASON.**
2. **A MANAGER'S MEETING WILL BE HELD BEFORE THE SEASON STARTS.**
3. **THE SEASON INCLUDES 7 GAMES PLUS SINGLE ELIMINATION PLAYOFF (#1 SEED HAS A BYE IN 1ST ROUND)**
4. **THERE IS A 4 TEAM MINIMUM AND A 7 TEAM MAXIMUM PER LEAGUE.**
5. **GAMES WILL LAST A MAXIMUM OF 7 INNINGS.**
6. **GAMES WILL LAST 65 MINUTES, HOWEVER NO NEW INNING WILL BE STARTED AFTER 55 MINUTES.**
7. **GAMES WILL START AT APPROXIMATELY 7:15, 8:20, AND 9:25PM.**
8. **MEN'S LEAGUE GAMES ARE ON MONDAYS; CO-ED LEAGUE GAMES ARE ON FRIDAYS.**
9. **ALL GAMES WILL BE PLAYED AT OCEAN VIEW PARK LOCATED IN ALBANY AT 900 BUCHANAN STREET.**

TEAM ROSTER INFO

1. **PLAYERS MUST BE AT LEAST 18 YEARS OLD.**
2. **THERE IS AN 8 PLAYER MINIMUM AND AN 18 PLAYER MAXIMUM PER TEAM.**
3. **TEAMS MUST HAND IN THE ROSTER SHEET BY THE START OF THE 1ST GAME.**
4. **CHANGES TO A TEAM'S ROSTER MUST BE DONE THROUGH THE TEAM'S ORIGINAL ROSTER SHEET OR THE ADD/DROP FORM.**
5. **TEAMS CAN ADD PLAYERS UP TO THE HALFWAY POINT OF THEIR REGULAR SEASON GAMES. TEAMS CAN DROP PLAYERS AT ANY TIME. (DEADLINE MEN'S: MAY 10TH, CO-ED: MAY 8TH)**
6. **PLAYERS CANNOT CHANGE TEAMS AFTER THE SEASON STARTS.**
7. **PLAYERS CANNOT PLAY ON 2 TEAMS IN THE SAME LEAGUE.**
8. **PLAYER'S MAY BE ASKED TO SHOW ID AT ANYTIME DURING THE SEASON.**
9. **NON-ROSTER PLAYERS WILL BE SUSPENDED FOR THE SEASON AND ALL GAMES THEY PLAYED IN MAY BE DECLARED FORFEITS.**

BASIC GAME RULES – RULES ARE A.S.A. WITH SOME EXCEPTIONS:

1. **TEAMS MUST HAVE A MINIMUM OF 8 PLAYERS TO PLAY A GAME. A COURTESY CATCHER MAY BE REQUESTED IF A TEAM HAS BELOW 10 PLAYERS.**

2. **TEAM MANAGERS MUST SUBMIT LINE-UP CARDS TO THE OFFICIALS 5 MINUTES PRIOR TO GAME TIME. LATE PLAYERS MUST BE LISTED AT THE BOTTOM OF THE LINE-UP CARD.**
3. **ALL ROSTERED PLAYERS IN ATTENDANCE ARE ALLOWED TO BAT EVEN IF THEY ARE NOT FIELDING.**
4. **WARM-UPS ARE NOT PERMITTED ON THE INFIELD.**
5. **ALL BATTERS START WITH A 1 BALL AND 1 STRIKE COUNT.**
6. **HOME PLATE AND THE EXTENDED RUBBER PLATE BOTH COUNT AS A STRIKE.**
7. **ONE COURTESY RUNNER IS ALLOWED PER INNING. THE REPLACEMENT RUNNER MUST BE THE PLAYER WHO MADE THE LAST OUT.**
8. **THERE IS NO LEADING OR STEALING.**
9. **PLAYERS ARE ALLOWED TO SLIDE INTO ANY BASE EXCEPT FOR HOME.**
10. **ALL PLAYS AT HOME ARE FORCE PLAYS. ONCE A PLAYER PASSES THE COMMIT LINE THEY MUST RUN HOME.**
11. **PLAYERS MAY NOT TOUCH HOME PLATE; THEY MUST RUN ACROSS THE SAFE LINE TO SCORE. IN GENERAL, IF A PLAYER TOUCHES HOME PLATE THEY WILL BE CALLED OUT. WARNINGS MAY BE GIVEN AT THE DISCRETION OF THE UMPIRE.**
12. **PITCHING CHANGES MUST BE MADE BETWEEN BATTERS.**
13. **THE INFIELD FLY RULE WILL BE APPLIED IF THERE IS LESS THAN 2 OUTS AND THERE ARE RUNNERS ON 1ST AND 2ND OR THE BASES ARE LOADED.**
14. **HOME RUN LIMIT: 3 BALLS OVER THE FENCE PER GAME, PER TEAM. ALL HOME RUNS AFTER 3 ARE OUTS.**
15. **EJECTED PLAYERS MAY BE REPLACED WITH SUBSTITUTIONS.**
16. **ONCE AN INNING HAS STARTED, IT WILL BE COMPLETED UNLESS THE HOME TEAM IS AHEAD.**

CO-ED RULES – THE SAME AS THE MEN’S LEAGUE WITH THE FOLLOWING EXCEPTIONS:

1. **A 12 INCH BALL WILL BE USED FOR MEN AND AN 11 INCH BALL WILL BE USED FOR WOMEN.**
2. **TEAMS WILL BAT IN A CONTINUOUS BATTING ORDER, ALTERNATING BETWEEN MEN AND WOMEN.**
3. **A WALK TO A MALE BATTER WILL RESULT IN A 2 BASE AWARD.**
4. **ONE COURTESY RUNNER IS ALLOWED PER INNING, PER SEX. THE REPLACEMENT RUNNER MUST BE THE PLAYER WHO MADE THE LAST OUT.**
5. **PLAYERS CAN FIELD ANY POSITION. ALL PLAYERS MUST FIELD THEIR OWN POSITIONS.**
6. **WHEN POSSIBLE, TEAMS SHOULD HAVE AN EQUAL NUMBER OF MEN AND WOMEN ON THE FIELD.**
7. **TEAMS MAY FIELD A MAXIMUM OF 5 MEN AND A MINIMUM OF 4 WOMEN.**

8. A TEAM WITH 10 PLAYERS MUST FIELD 5 MEN AND 5 WOMEN OR 4 MEN AND 6 WOMEN.
9. IF A TEAM HAS 4 WOMEN ON THE FIELD, THE OTHER MAY ALSO FIELD 4 WOMEN.
10. THERE IS A 5 RUN LIMIT PER INNING, EXCEPT THE LAST INNING.

EQUIPMENT

1. PLAYERS MUST USE BATS THAT ARE CERTIFIED WITH THE A.S.A. SEAL. BANNED A.S.A. BATS AND TITANIUM BATS ARE NOT ALLOWED. THE BANNED BAT LIST CAN BE FOUND AT WWW.ASASOFTBALL.COM.
2. NO METAL CLEATS.
3. PLAYERS MUST REMOVE JEWELRY.
4. THE LEAGUE SUPPLIES THE SOFTBALLS.

STANDINGS, PLAYOFFS, AND AWARDS

1. STANDINGS ARE DETERMINED BY POINTS: WIN = 1, TIE = ½, LOSS = 0
2. TIEBREAKERS:
 - A. HEAD-TO-HEAD RECORD
 - B. HEAD-TO-HEAD RUN DIFFERENTIAL
 - C. TOTAL RUNS SCORED FOR THE SEASON
 - D. COIN TOSS
3. THE TOP 7 TEAMS IN THE REGULAR SEASON STANDINGS WILL COMPETE IN A SINGLE ELIMINATION PLAYOFF FORMAT. THE #1 SEEDED TEAM WILL HAVE A BYE IN THE 1ST ROUND.
4. ONLY THE CHAMPIONSHIP GAME WILL BE 7 INNINGS (NO TIME LIMIT), RUN RULE WILL BE IN EFFECT, THE 5 RUNS PER INNING LIMIT WILL NOT BE IN EFFECT (CO-ED).
5. THE LEAGUE CHAMPION WILL RECEIVE A TROPHY.

FORFEITS

1. IF A TEAM DOES NOT HAVE 8 PLAYERS AFTER THE 5 MINUTE GRACE PERIOD, THEY MUST FORFEIT THE GAME.
2. IF A TEAM FORFEITS A SECOND GAME THEY MAY BE DROPPED FROM THE LEAGUE.
3. ALL FORFEITED GAMES WILL BE SCORED 7-0 FOR THE WINNING TEAM.
4. TEAMS MAY USE THE FIELD TO PRACTICE IF THEY FORFEIT, EXCEPT FOR THE FINAL GAME OF THE NIGHT.

SCHEDULE CHANGES

- 1. MANAGERS ARE RESPONSIBLE FOR CALLING THE RAIN-OUT LINE AT 510-559-7219 FOR THAT DAY'S GAME. A MESSAGE WILL BE POSTED BY 3PM ON DAYS OF INCLEMENT WEATHER.**
- 2. IF THE 1ST GAME IS CANCELED, ALL GAMES WILL BE CANCELED FOR THE NIGHT.**
- 3. IF A GAME IN PROGRESS IS CANCELED DUE TO RAIN, IT WILL BE CONSIDERED OFFICIAL AND NOT BE RE-SCHEDULED IF 5 INNINGS OR 33 MINUTES OF PLAY HAVE BEEN COMPLETED.**
- 4. IF A GAME CAN'T BE PLAYED DUE TO WEATHER, POWER FAILURE, LACK OF OFFICIALS, OR OTHER ACTS OF NATURE IT WILL BE RE-SCHEDULED AFTER THE FINAL REGULAR SEASON GAME OR ON THE EARLIEST POSSIBLE DAY ARRANGED BY THE LEAGUE DIRECTOR.**

PROTESTS

- 1. PROTESTS WILL ONLY BE CONSIDERED REGARDING RULE VIOLATIONS, CLARIFICATIONS, AND MISINTERPRETATIONS. TEAMS CAN NOT PROTEST A JUDGMENT CALL BY AN OFFICIAL.**
- 2. NOTIFICATION OF THE SPECIFIC RULE BEING PROTESTED MUST BE PROVIDED TO THE OFFICIALS IMMEDIATELY AND PRIOR TO THE NEXT PITCH BY THE TEAM MANAGER.**
- 3. THE ONLY EXCEPTIONS ARE THAT A TEAM MANAGER MAY PROTEST PLAYER ELIGIBILITY BEFORE THE FINAL OUT OF THE GAME. ALSO, A MANAGER MAY PROTEST THE GAME SCORE PRIOR TO THE TEAM LEAVING THE FIELD.**
- 4. WRITTEN PROTESTS MUST BE SUBMITTED TO THE RECREATION DEPARTMENT WITHIN 2 BUSINESS DAYS OF THE GAME ALONG WITH THE \$50 PROTEST FEE.**
- 5. IF THE PROTEST IS UPHELD, THE GAME WILL BE REPLAYED FROM THE POINT OF PROTEST ONLY IF THE GAME HAS A DIRECT BEARING ON 1ST OR 2ND PLACE AND THE \$50 PROTEST FEE WILL BE REFUNDED.**

LIABILITY

- 1. I AGREE TO ASSUME THE RISK OF ACCIDENT OR INJURY SUSTAINED FROM WHATEVER CAUSE IN CONNECTION WITH THE ACTIVITY, AND RELEASE THE CITY OF ALBANY, ITS OFFICERS, AGENTS AND EMPLOYEES FROM ANY AND ALL LIABILITY FOR ANY SUCH INCIDENT OR INJURY CAUSED BY WHATEVER REASON, INCLUDING BUT NOT LIMITED TO AN ACT OF OMISSION.**
- 2. I UNDERSTAND THAT NO MEDICAL INSURANCE IS PROVIDED.**

ALL DECISIONS MADE BY THE LEAGUE DIRECTOR WILL BE FINAL. THE LEAGUE DIRECTOR HAS THE RIGHT TO AMEND, DELETE, OR ADD ANY RULES DEEMED NECESSARY.