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RESOLUTION NO. 08-49

A RESOLUTION OF THE ALBANY CITY COUNCIL SUPPORTING SB 1420 WHICH REQUIRES RESTAURANTS WITH 15 OR MORE LOCATIONS IN CALIFORNIA TO PROVIDE NUTRITION INFORMATION ON MENUS AND MENU BOARDS.

WHEREAS, obesity rates in adults doubled over the last twenty years currently, two-thirds of American adults (65%) are overweight or obese and the percentage of seriously overweight children tripled in the past two decades (from 4% to 15%); and

WHEREAS, obesity is a major risk factor for many health problems, including heart disease, which is the leading cause of death in the United States, diabetes and some cancers; and

WHEREAS, since 1994, pursuant to the Nutrition Labeling and Education Act (NLEA) food manufacturers have been required to provide nutritional information on nearly all packaged foods. However, the NLEA explicitly exempts restaurants; and

WHEREAS, in 1970 Americans spent just 26% of their food dollars on foods prepared outside the home, like restaurant meals; today the amount is 46%; and

WHEREAS, at most restaurants people can only guess the nutritional quality of the food. Larger portions, higher calories and fat and lack of nutritional information have become a huge problem for the health of today's Americans; and

WHEREAS, studies have found a positive association between eating out and higher caloric intakes and body weights. For example, children eat almost twice as many calories when they eat a meal at a restaurant (770 calories) as at home (420 calories); and

1 **WHEREAS**, recognizing the need for consumers to have the information
2 they need to make healthier choices when eating out, State Senator Alex Padilla
3 (D-Pacoima) has introduced SB 1420; and

4 **WHEREAS**, SB 1420 would require chain restaurants with 15 or more
5 outlets in California to provide nutritional information per item on printed menus
6 and menu boards; and

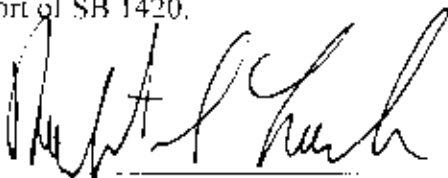
7 **WHEREAS**, the United States District Court recently ruled that New York
8 City's menu labeling ordinance, similar to the provisions of SB 1420, is legal,
9 appropriate and in the public interest; and

10 **WHEREAS**, New York City is already implementing a menu labeling
11 ordinance, as major food retailers have begun posting caloric counts on menu
12 boards; and

13 **WHEREAS**, SB 1420 is an important step in giving consumers the
14 information they need to make healthier food choices. Consumers have the right
15 to know the nutritional content of restaurant meals.

16 **NOW THEREFORE, BE IT RESOLVED**, that the City of Albany will write a
17 letter to the California legislature stating their support of SB 1420.

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ROBERT S. LIEBER
MAYOR



City of Albany

1200 SAN PABLO AVENUE • ALBANY, CALIFORNIA 94706-2295

CITY ADMINISTRATOR

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PH: (510) 524-0205
FAX: (510) 526-0100

CITY CLERK

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FAX: (510) 528-5727

CITY COUNCIL

PH: (510) 528-5732
FAX: (510) 528-5797

COMMUNITY DEVELOPMENT & ENVIRONMENTAL RESOURCES

- Building
- Landmarking
- Environmental Resources
- Miscellaneous
- Planning

PH: (510) 528-5788
FAX: (510) 521-0255

FINANCE & ADMINISTRATIVE SERVICES

CITY TREASURER
PH: (510) 528-1730
FAX: (510) 528-2743

FIRE & EMERGENCY MEDICAL SERVICES

PH: (510) 528-5777
FAX: (510) 528-5774

PERSONNEL

PH: (510) 528-5714
FAX: (510) 528-5797

POIICCE

PH: (510) 525-1000
FAX: (510) 525-1080

RECREATION & COMMUNITY SERVICES

1249 Main Avenue
PH: (510) 524-5703
FAX: (510) 528-9914

- Friendship Club
- Childcare Program
PH: (510) 524-0135
- Senior Center
PH: (510) 524-0177
FAX: (510) 524-6940
- Teen Center
PH: (510) 525-0578

RESOLUTION NO. 08-03

PASSED AND APPROVED BY THE COUNCIL OF THE CITY OF ALBANY,

this 01st day of July, 2008, by the following votes:

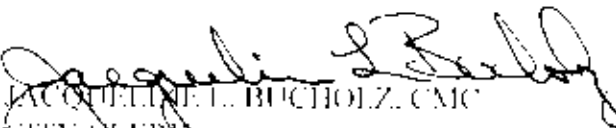
AYES: Council Members Atkinson, Cavendish, Chausson, and S. Wilson. 4 votes

NAYS: None

ABSENT: None

WITNESS MY HAND AND THE SEAL OF THE CITY OF ALBANY, this 23rd

day of July, 2008.


JACQUELINE L. BUCHHOLZ, CMIC
CITY CLERK