

Help Bring Menu Labeling to Your State

Resources/ Background

Why Menu Labeling?

State & Local Bills
 2007-2008
 2005-2006
 2003-2004
 Model Legislation
 Model Regulations

Join Us

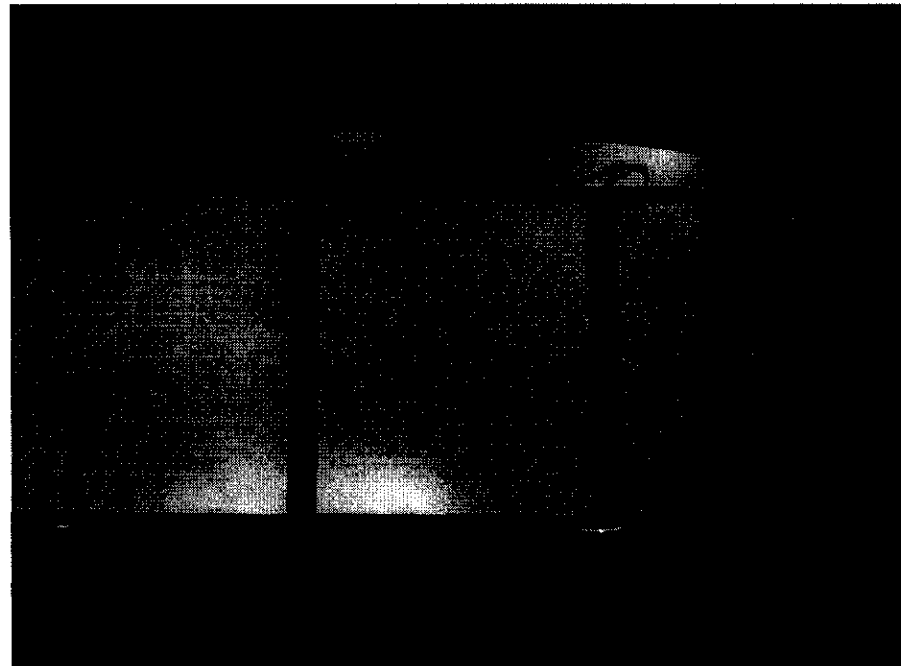
Circulate Petitions

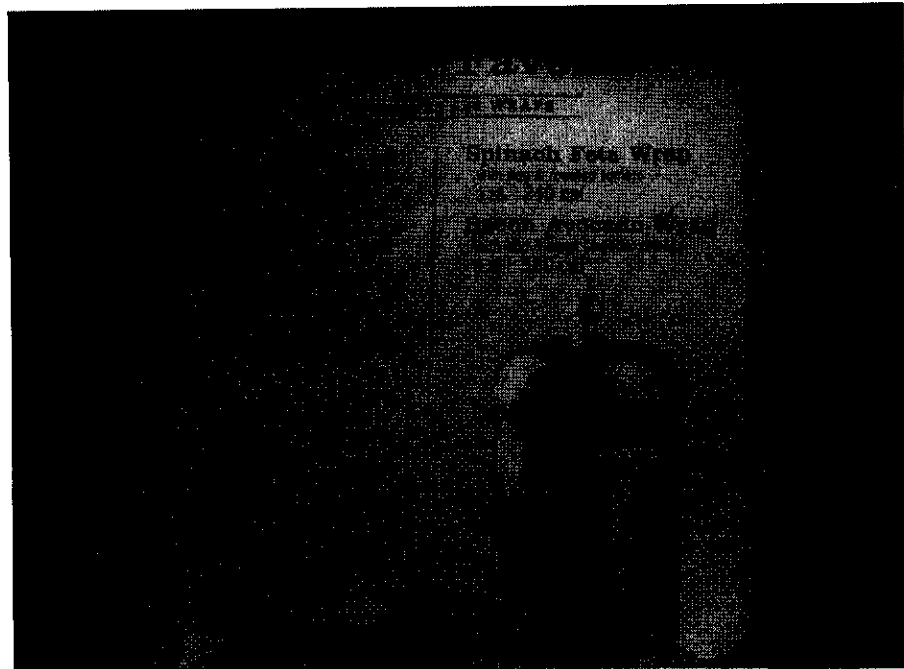


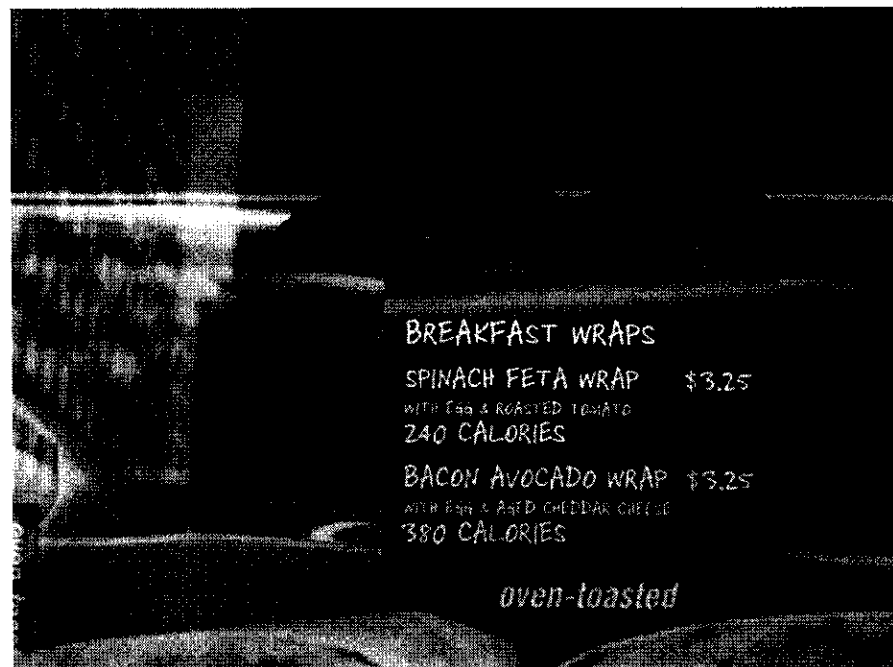
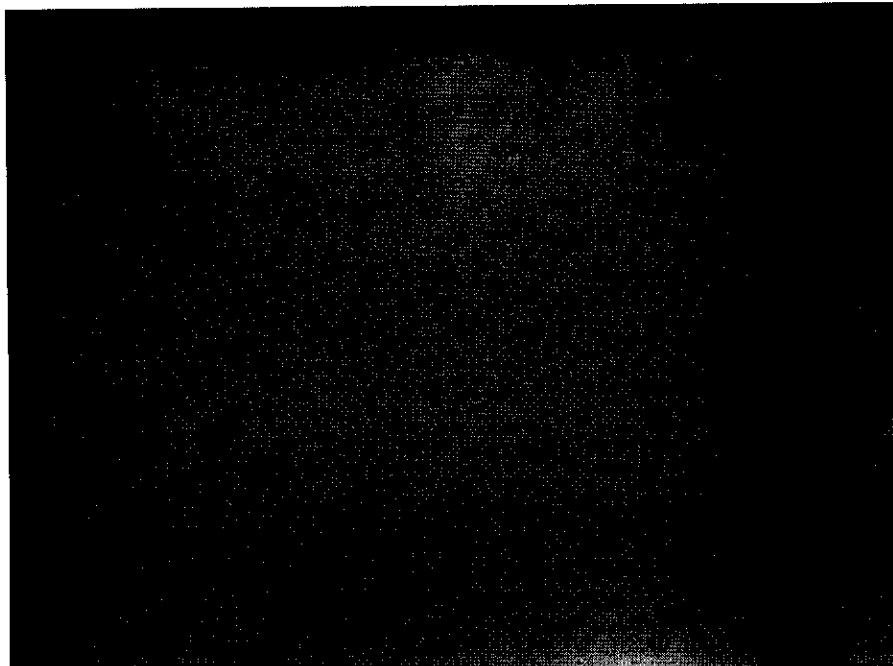
Menus & Menu Boards with Nutrition Information

Auntie Anne's
 Chipotle
 Cosi
 Dunkin' Donuts
 Haagen Dazs
 IHOP
 Jamba Juice
 Johnny Rockets
 McDonald's
 Starbucks
 Subway
 Wendy's

The following are photos of actual menu boards inside a New York City restaurant, 2008.







The following are example menu boards created by CSPI. This nutrition information was published by Starbucks in late 2006. For current Starbucks nutrition information, rely on the Starbucks website.

Espresso

			Espresso			Caffè Latte		
			SOLD 1.40	DOPPIO 1.70		TALL 2.45	GRANDE 3.00	VENTE 3.30
			5 cal.	10 cal.		200 cal.	260 cal.	340 cal.
			Caffè Americano			Caffè Mocha		
TALL 1.50	GRANDE 2.10	VENTE 2.45				TALL 2.70	GRANDE 3.30	VENTE 3.60
10 cal.	15 cal.	25 cal.				310 cal.	400 cal.	490 cal.
			Cappuccino			Caramel Macchiato		
TALL 2.45	GRANDE 3.00	VENTE 3.30				TALL 2.80	GRANDE 3.40	VENTE 3.70
120 cal.	150 cal.	210 cal.				240 cal.	310 cal.	390 cal.
CUSTOMIZE								
MILK SOY OR ORGANIC ADD 50 ESPRESSO EXTRA SHOT ADD 80 SYRUP CINNAMON • RASPBERRY • ALMOND VANILLA or HAZELNUT (available sugar-free) CARAMEL • TOFFEE NUT • PEPPERMINT ADD 60 20 cal. regular, 0 cal. sugar-free								
			Vanilla Latte			Pumpkin Spice Latte		
			TALL 2.70	GRANDE 3.30	VENTE 3.60	TALL 3.15	GRANDE 3.70	VENTE 4.00
			240 cal.	320 cal.	400 cal.	360 cal.	480 cal.	580 cal.

Holiday Favorites

			Gingerbread Latte			Peppermint Mocha		
TALL 3.15	GRANDE 3.70	VENTE 4.00	TALL 3.15	GRANDE 3.70	VENTE 4.00	TALL 3.15	GRANDE 3.70	VENTE 4.00
330 cal.	430 cal.	520 cal.	370 cal.	470 cal.	560 cal.			
			Eggnog Latte			Peppermint Hot Chocolate		
TALL 3.15	GRANDE 3.70	VENTE 4.00	TALL 2.70	GRANDE 2.95	VENTE 3.00	TALL 2.70	GRANDE 2.95	VENTE 3.00
430 cal.	510 cal.	630 cal.	400 cal.	510 cal.	650 cal.			

CALORIES BASED ON BEVERAGES WITH WHOLE MILK.
SEE NUTRITION BROCHURE FOR CALORIES WITH SOY OR NONFAT MILK.

Tazo Tea® and other favorites

<p style="text-align: center;">TEA LATTE</p> <p style="text-align: center;">Chai Tea Latte</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.70</td> <td>GRANDE 3.25</td> <td>VENTE 3.50</td> </tr> <tr> <td>210 cal.</td> <td>290 cal.</td> <td>360 cal.</td> </tr> </table> <p style="text-align: center;">Green Tea Latte</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.70</td> <td>GRANDE 3.25</td> <td>VENTE 3.50</td> </tr> <tr> <td>170 cal.</td> <td>230 cal.</td> <td>310 cal.</td> </tr> </table> <p style="text-align: center;">AVAILABLE HOT OR OVER ICE</p> <hr/> <p style="text-align: center;">BREWED HOT TEA</p> <p style="text-align: center;">GREEN TEA ZEN™ CHINA GREEN TIPS</p> <p style="text-align: center;">BLACK TEA JOY™ EARL GREY ANNIE™, CHAI</p> <p style="text-align: center;">HERBAL TEA CALM™, REFRESH™, PASSION®, WILD SWEET ORANGE, AFRICAN RED BUSH</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 1.35</td> <td>GRANDE 1.75</td> <td>VENTE 1.75</td> </tr> <tr> <td>0 cal.</td> <td>0 cal.</td> <td>0 cal.</td> </tr> </table> <hr/> <h3 style="text-align: center;">Coffee</h3> <p style="text-align: center;">Hot Brewed Coffee</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 1.45</td> <td>GRANDE 1.65</td> <td>VENTE 1.75</td> </tr> <tr> <td>5 cal.</td> <td>10 cal.</td> <td>15 cal.</td> </tr> </table> <p style="text-align: center;">Iced Brewed Coffee</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 1.80</td> <td>GRANDE 2.10</td> <td>VENTE 2.45</td> </tr> <tr> <td>5 cal.</td> <td>10 cal.</td> <td>15 cal.</td> </tr> </table> <p style="text-align: center;">Iced Brewed Café con Leche</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 1.80</td> <td>GRANDE 2.10</td> <td>VENTE 2.45</td> </tr> <tr> <td>110 cal.</td> <td>140 cal.</td> <td>180 cal.</td> </tr> </table>	TALL 2.70	GRANDE 3.25	VENTE 3.50	210 cal.	290 cal.	360 cal.	TALL 2.70	GRANDE 3.25	VENTE 3.50	170 cal.	230 cal.	310 cal.	TALL 1.35	GRANDE 1.75	VENTE 1.75	0 cal.	0 cal.	0 cal.	TALL 1.45	GRANDE 1.65	VENTE 1.75	5 cal.	10 cal.	15 cal.	TALL 1.80	GRANDE 2.10	VENTE 2.45	5 cal.	10 cal.	15 cal.	TALL 1.80	GRANDE 2.10	VENTE 2.45	110 cal.	140 cal.	180 cal.	<p style="text-align: center;">ICED TEA</p> <p style="text-align: center;">Shaken Iced Tea</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 1.45</td> <td>GRANDE 1.75</td> <td>VENTE 2.00</td> </tr> <tr> <td>60 cal.</td> <td>80 cal.</td> <td>120 cal.</td> </tr> </table> <p style="text-align: center;">Shaken Iced Tea Lemonade</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.30</td> <td>GRANDE 2.65</td> <td>VENTE 3.00</td> </tr> <tr> <td>90 cal.</td> <td>120 cal.</td> <td>170 cal.</td> </tr> </table> <p style="text-align: center;">FRESHLY BREWED TEAS IN GREEN • BLACK • PASSION®</p> <hr/> <h3 style="text-align: center;">Classics</h3> <p style="text-align: center;">Hot Chocolate</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.30</td> <td>GRANDE 2.55</td> <td>VENTE 2.80</td> </tr> <tr> <td>360 cal.</td> <td>450 cal.</td> <td>550 cal.</td> </tr> </table> <p style="text-align: center;">Vanilla Crème</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.30</td> <td>GRANDE 2.55</td> <td>VENTE 2.80</td> </tr> <tr> <td>330 cal.</td> <td>440 cal.</td> <td>520 cal.</td> </tr> </table> <p style="text-align: center;">Caramel Apple Cider</p> <table border="0" style="width: 100%;"> <tr> <td>TALL 2.45</td> <td>GRANDE 2.70</td> <td>VENTE 2.95</td> </tr> <tr> <td>320 cal.</td> <td>410 cal.</td> <td>490 cal.</td> </tr> </table> <p style="text-align: center;">Kids Drinks</p> <p>1.05 8 FL. OZ. See nutrition brochure</p>	TALL 1.45	GRANDE 1.75	VENTE 2.00	60 cal.	80 cal.	120 cal.	TALL 2.30	GRANDE 2.65	VENTE 3.00	90 cal.	120 cal.	170 cal.	TALL 2.30	GRANDE 2.55	VENTE 2.80	360 cal.	450 cal.	550 cal.	TALL 2.30	GRANDE 2.55	VENTE 2.80	330 cal.	440 cal.	520 cal.	TALL 2.45	GRANDE 2.70	VENTE 2.95	320 cal.	410 cal.	490 cal.
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Jump to: