# ALBANY LOCAL WEEK

#### Take the ALBANY LOCAL WEEK Challenge!

See how much you can do, shop, eat, and play within Albany's square mile the week of September 20–27.

ALBANY LOCAL WEEK is an opportunity to discover and celebrate what Albany has to offer while supporting our local busi-



nesses and organizations. (See page 52 for a list of special local offers.)

Simply use the score card at right, keeping

track of your activities from September 20–27. The person with the top score will be honored with his/her name on the ÜBER ALBANY LOCAL CUP, which will be put on prominent display (in a public location to be determined). Everyone who submits their score card by September 30, 2015 will receive a limited edition participation prize (the form of which to be later revealed). ÜBER ALBANY LOCAL CUP winner will be announced on October 5 at the City Council Meeting. #AlbanyLocalWeek





## LOCAL W E E K

#### OFFICIAL SCORE CARD SEPTEMBER 20-27, 2015 SHOP & PLAY IN ALBANY

WEE		ADDRESS			
& DRINK & GARDEN S	HELPFUL HEAD SERVICES & BEAD 10 PTS. 10 F	AUTY ENTERTAINMENT	SHOPPING	SPECIAL EVENT 50PTS.	GOOD NEIGHBOR
ACTIVITY		EGORY	DATE		POINTS
TOTAL ACTIVITY SCORE					1
BONUS SECTION  The Twofer: Combine any two of the 10-point categories on same day.  Add 25 points →					
A Turkey: String any three 10-point categories together on same day.  Add 35 points →  Good Neighbor: Do one Good Neighbor with any other category on same day.  Add 45 points →					
Get Out More Bonus: Attend three Special Events for the week.  Add 50 points →					
Combo Special: Pair one Event with a Shopping, Food, or Recreation on same day. Add 30 points					
Royal Flush: Do one of each category on the same day.  Add 90 points →					2
BONUS SECTION SUBTOTAL					6
If Activity Section score is more than 50: Add 2000 points					4
If Bonus Section score is more than 25: Add 5000 points →					6
If you scored a Mister Rogers Bonus: Multiply Bonus Section Subtotal by 2 and enter here					•
GRAND TOTAL (ADD <b>1</b> ), <b>2</b> ), <b>3</b> , <b>4</b> , <b>6</b> ) ⇒					

DEADLINE

SCORE CARD ENTRIES MUST RECEIVED BY SEPTEMBER 30, 2015. Drop-off entry at front desk, Albany Community Center, 1249 Marin Avenue, Albany. Über Cup winner will be announced October 5, 2015 at City Council Meeting. All participants will be sent a special prize by mail.

#### **Categories**

#### Food & Drink

Restaurants, bars, ice cream...

#### Home & Garden

Home repairs, garden services, architecture, painting...

#### Helpful Services

Automotive, computer, copying, photography, dry cleaning, haircuts, nail salons...

#### Health

Medical, dental, acupuncture, chiropractic, therapy...

### Recreation &

#### Entertainment

Movies, bike riding, bowling, classes...

#### Shopping

You get the idea...

#### **Special Event**

See list, below

#### **Good Neighbor**

Pot lucks, bike rack check-ins, block parties, volunteering...

#### **Special Events**

(See pp. 39–53 for more information)

#### Sunday, Sept. 20

- Marin Monster (p. 39)
- Clothing Swap-O-Rama (p. 42)

#### Tuesday, Sept. 22

■ Local Garden Swap

#### Wednesday, Sept. 23

■ Music in the Park (back cover)

#### Thursday, Sept. 24

- Pizza & Wine Block Party (p. 53)
- Sr. Center Open House (p. 33)

#### Friday, Sept. 25

■ Food Truck Friday (p.46)

#### Saturday, Sept. 26

■ As You Wish Movie Night (p. 53)

#### Sunday, Sept. 27

- Run Around Town
- Albany Triathlon (p. 53)

#### ALBANY LOCAL WEEK: SPECIAL, LOCAL OFFERS SEPTEMBER 20-27, 2015 | NOTE: SOME OFFERS ARE AVAILABLE ONLY ON CERTAIN DAYS DURING THE ALBANY LOCAL WEEK. SEE INDIVIDUAL LISTINGS FOR VALID DAYS.

Albany AM-PM

1001 San Pablo Avenue (510) 525-1362 3 fresh baked cookies for \$.99. Big Western BBQ Cheeseburger for \$2.69.2 Jumbo Dogs for \$2.48.

Available: Su M Tu W Th F Sa Su

Albany Math & Education Center

800 San Pablo Avenu (510) 919-0843 Free initial consultation for education support services. Must contact by Sept. 30, 2015 and schedule first appointment by Jan. 31, 2016. Available: M Tu W Th F

All In One Fitness

614 San Pablo Avenue (510) 524-1001 Free month membership with purchase of 12 month membership. 10% off new personal training packages of 16 sessions

or more. Available: Su M Tu W Th F Sa Su

Aloha Bay Realty

1417 Solano Avenue (510) 558-8378 Free real estate home evalu-

ation. Available: Su M T W Th F Sa Su

Aphrodite's Mirror

514 Kains Avenue (510) 778-3581 25% off Facials & Bioelements skin care products. Cannot be combined with any other

Available: MTWThFSat

Arrow Glass Company 640 San Pablo Avenue (510) 525-2118 15% off new window and door screens. Material only, installa-

tion not included.

Available: MTWThF

Barbara Martello Acununcture

1498 Solano Avenue (510) 684-6659 (510) 684-6659 \$90 new patient visit. A 90-min-ute appointment consisting of a complete intake and treatment (reg. \$150). New patients only. Available: Tu W (am) Th F (pm)

**Boss Burger** 

1187 Solano Avenue (510) 526-2677 25% off your meal. Must mention 'Albany Local Week'.

Available: Su M T W Th F Sa Su

Café Raj

no Avenue (510) 524-5667 10% off total bill. Dine-in only. Available: Su M T W Th F Sa Su

Chine's Cinset

1545 Solano Avenue (510) 900-6043 15% off entire purchase. Only 1 discount per customer. Cannot be combined with other discount Available: Su M T W Th F Sa Su

Cigarette Discounter

1079 San Pablo Avenue (510) 305-6288 Cigar Special: Buy 3, get 1 free Available: Su M T W Th F Sa Su

CJ's Auto Repair

575 San Pablo Avenue (510) 524-8000 50% of brake pads or shoes. 30% off on labor. Call for details. Available: Su M T W Th F Sa Su

**Cuts Room** 

800B San Pablo Avenue (510) 524-6480 \$5 off color and/or perm. \$2 off haircut. Cannot be used with existing specials Available: Su M T W Th F Sa Su

Daniel Winkler & Associates, Inc

ASSOCIATES, ITC 1215 Solano Avenue (510) 528-2200 Offering a discounted commis-sion of 4.5% to sell your Albany

Available: Su M T W Th F Sa Su

Delhi Diner

(510) 528-5000 Special 10% off all take out

Available: Su M T W Th F Sa Su

Elizabeth Lowell, CMT

1248 Solano Avenue (415) 654-3874 25% off 60 & 90-minute massage sessions. Only available at the Albany office. May not be combined with other offers.

Available: Su M T W Th F Sa Su

Five Little Monkeys

1224 Solano Avenue (510) 528-4411 \$5 off your purchase of \$30 or more when you mention 'Albany Local Week' at time of Albany Local Week' at time or purchase. Limit 1 coupon per family. Discount valid on in-stock items only. Not valid with any other offer, discount or previous purchase. May not be applied towards the purchase of LEGO or gift certificates. Good for in-store gin certificates. Good for in-stepurchases only. Discount off of pre-tax total.

Available: Su M T W Th F Sa Su

**Floor Dimensions** 1081 Eastshore Highway

(510) 525-5656 Save \$100 off your purchase of \$500 or more.

Available: MTWThFSatSun

Flora Child Care & Chinese School 741 Adams Street

(\$10) 575-4610 \$100 discount on full-time daycare program tuition. 10% discount on after-school full-time program tuition.

Available: Su M T W Th F Sa Su

Flowerland

1330 Solano Avenue (510) 526-3550 20% off all plants. Does not include bulbs and seeds. Must mention 'Albany Local Week' at the time of purchase.

Available: Sun M Sat Sun

**Gathering Tribes** 

1412 Solano Avenue (510) 528-9038 20% off select jewelry and Zapotec woodcarvings.

Available: Su M T W Th F Sa Su

**Golden Poppy Florist** 

(510) 525-7313 15% off entire store. Available: Su M T W Th F Sa Su Grove Salon

1483 Solano Avenue (510) 526-9874 20% off all regularly priced retail items. Available: TWTh F Sat

The Gertonson Institute

828 San Pablo Ave (510) 526-1559 50% off initial evaluation. New clients only. Only 1 discount per client.

Available: M W Th

Hanabi Judo

841 San Pablo Avenue (510) 530-8312 25% off 1 month of Judo. New customers only.

Available: M T W Th F Sat

Impressionist Cups

535 Pierce Stre (510) 264-9882 Custom printing (plastic cups): Free 1-color set-up fee (\$150 value) for paper/plastic cup printing, plus warehouse assistance

and delivery.

Available: Su M T W Th F Sa Su

Jingle Jamboree Music

1016 Talbot Avenue (510) 334-8851 (\$107,534-6651) \$100 off after-school music or summer camp registration. \$25 off studio classes. Cannot be combined with any other discount or donation certificate.

Available: Su M T W Th F Sa Su

Kobayashi Dentistry

RODAYASTI DENTISTRY
727 San Pablo Avenue, Ste.
101A
(510) 962-9530
\$99 take-home teeth whitening
kit special includes custom trays, bleaching gels and instructions. Available: M T W Th

Kim's Cafe

1309 Solano Avenue (510) 525-2538 15% off for Albany residents Available: Su M T W Th F Sa Su

Law Offices of Seth P. Chazin 1164 Solano Avenue (510) 507-8100 One hour free consultation for any criminal defense or professional license defense

Available: Sun M T W Th F Sat

Lisa Bruce Studios

1225 Marin Avenue (510) 900-1172 \$20 off first electrolysis appointment. \$50 off permanent cosmetic procedure. Must men-tion 'Albany Local Week' when

The Lumber Baron, Inc. 500 Cleveland Avenue (510) 526-7224 10% off any purchase \$500

Available: Su M T W Th F Sa Su Mangia Mangia 755 San Pablo Av (510) 499-9317 (510) 499-9317 Free chocolate soufflé. Available: Su M T W Th F Sa Su

MatSci Edits

1077 Stannage Avenue (510) 701-2515 (510) 701-2515
\$50 off English editing of one
Materials Science journal article. Discount must be redeemed
by Nov. 15, 2015. New customers
only. 1 discount per customer.
Online orders only. Email tiffany@matsciedits.com to receive Available: Su M T W Th F Sa Su

Melanie Linebaugh

Acupuncture
405 Kains Avenue
(510) 325-1929
Receive a custom, relaxing
session for \$65 (reg. \$95). Treatment includes herbal medicine consultation, if applicable. Refer a friend & you both receive \$10 off next visit-must be used by Dec. 2015. Available: M T Th Sat

Mev Saephan, LMFT

1350A Solano Avenue, Ste 4 (510) 628-0740 20% off set counseling fee. Must mention 'Albany Local Week' when you make appointment. Available: Th F

Natural Healing MD

(\$10) 550-7500 \$20 off first-time medical marijuana evaluations (reg. \$99) and \$15 off renewals (reg. \$75). New patients only, while appoint-ments last. Schedule online at www.naturallyhealingmd.com using coupon code: Albany Local. Available: M T W Th F

**Papillon Home Fine** Furniture

724 San Pablo Avenue (510) 526-8998 No sales tax on any item in the store. May not be combined with other offers.

Available: MTW Sat

The Pearl House

809 San Pablo Avenue (510) 528-8968 10% off your order of \$25 or more. Dine-in or call-in only Available: Sun M W Th F Sat Sun

Pediatric Oral Wellness Dental (POW Dental)

847 San Pahlo Avenue (510) 746-8234 Free 'School Screening' exam for Pre-K. Free back to school pencil case set for older children. New natients only

Available: M W F Sa

**Prins Chiropractic** 

1308 Solano Avenue (510) 526-6243 Two new patient evaluations and examinations for \$100 (normally \$200/person). Must be purchased during Albany Local Week. Expires Oct. 30, 2015. Available: MWF

Rendez-Vous Café

Bistro 1111 Solano Avenue (510) 527-4111 50% off second entrée of lesser or equal value. Not including Prix Fixe Menu.

Available: Sun W Th Sun

Restaurant Café

Valparaiso 1403 Solano Avenue (510) 841-3800 Chilean traditional empanadas for only \$3. Sangria for only \$3

per glass. Available: TWTh

Restful Massage

828 San Pablo Avenue, #104 (510) 963-1405 \$10 off a one hour therapeutic Swedish, deep tissue or pre-natal massage. Must be purchased during Albany Local Week at Albany store.

Available: TTh **Royal Ground Coffee** 

1127 Solano Avenue (510) 525-0953 20% off a pound of coffee. One

per customer. Available: Sun M T W Th F Sat

Royal Cleaners 814 San Pablo Avenue (510) 525-0341 20% off dry cleaning over \$30. Must mention 'Albany Local

Available: M T W Th F Sat **Roaring Forties Press** 

1053 Sante Fe Avenue (510) 527-5461 50% off all books. Call or email to place your order. Available: Su M T W Th F Sa Su

Sacred Rose Tattoo 1503 Solano Avenue (510) 524-1503 10% off your tattoo session. Available: Su M T W Th F Sa Su Sam's Log Cabin

(510) 558-0494
Free small OJ with your meal.
Limit 1 per customer.
Available: TWTh

Sarana Community Acupuncture

968 San Pablo Ave (510) 526-5056 Five acupuncture sessions for only \$90. No additional fee for new clients. No expiration date once purchased.

Available: Sun M T W Th F Sat Sun

Shepcare Healthcare 828 Šan Pablo Avenue, #216 (925) 238-6250 Free blood pressure and blood sugar check

Available: Sat Sun Soccer 4 Kids

1302 Solano Avenue (510) 232-4625 Free soccer class for ages 4-5. Team Dragon. Spaces are limited Available: Sat

Sophia Pizano & Tania Sorel, Body Works & Massage Sophia (510) 759-6627, Tania (510) 593-5059 \$10 of regular priced massage. By appointment only. Available: Su M T W Th F Sa Su

Solano Cellars 1580 Solano Avenue, #B (510) 525-9463 10% discount for Albany residents (must show California ID). Available: Su M T W Th F Sa Su

Stephen Vernon, MFT, Counseling, Psychotherapy 902 Carmel Avenue (510) 528-8814 Free 15 minute phone consulta-

Available: W F

Suzanne Arca Design

P.O. Box 9084 (510) 558-0636 \$100 for 1 hour consultation \$100 for 1 nour consultation for horticultural advice, garden concerns, and/or garden design ideas (reg \$170). Call to make appointment. Discount cannot be used towards design, construction or maintenance contractual agreements.

Available: Th F Sat **Umami Interiors** 

Uniam Interiors 1350 Marin Avenue (415) 867-1663 Free in-home consultation (\$100 value) and 10% off custom window coverings and upholstery. Must mention 'Albany Local Week', Offer valid through Oct. 31.2015.

Available: Su M T W Th F Sa Su

Xin Xing Therapy Health Center 600 San Pablo Avenue, #106 (510) 525-8686 \$5 off professional Swedish deep tissue massage. Available: Su M T W Th F Sa Su

Zojaji Acupuncture & Herbal Medicine 514 Kains Avenue (510) 282-8365 "The Back to School Special": Schedule an appointment for Oct. & receive \$15 off your treatment or herbal purchase. \$20 from your "Back to School" treatment will be donated to the Albany Education Foundation. Limit 1 per person. Mention this special when scheduling. Valid for new

and continuing patients.

Available: Sun M T

