

# *City of Albany*

# *Proclamation*

## **IN HONOR OF NATIONAL CHIROPRACTIC HEALTH MONTH**

**WHEREAS**, Doctors of Chiropractic (DCs) are health care providers who focus on the whole person and have particular expertise in the prevention and care of musculoskeletal injuries; and

**WHEREAS**, musculoskeletal injuries in general are one of the biggest health and safety problems in America today, with back pain alone contributing to more than \$50 billion in health care costs yearly; and

**WHEREAS**, doctors of chiropractic are trained to work with musculoskeletal injuries in any phase, addressing the problem at the source and often helping patients avoid the need for drugs and surgery; and

**WHEREAS**, doctors of chiropractic instruct patients on proper conditioning and warm-up and cool-down procedures, as well as appropriate safety equipment, which can substantially reduce injuries; and

**WHEREAS**, doctors of chiropractic are recognized worldwide for their health and wellness enhancing and injury-prevention services, which are valued in particular by athletes in high school, college, and professional sports who must perform at optimal levels; and

**WHEREAS**, millions of regular patients benefit from the same chiropractic services as elite athletes and also are able to optimize function in their work and personal lives with the help of their local doctor of chiropractic; and

**WHEREAS**, National Chiropractic Health Month each October serves as a reminder to all citizens of Albany that they too can “Find Their Game” and perform at their best with the expert care and services provided by doctors of chiropractic.

**NOW, THEREFORE, BE IT RESOLVED** that Albany, CA officially joins with the American Chiropractic Association (ACA) in proclaiming the month of October 2012 as National Chiropractic Health Month.

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*Farid Javandel, Mayor*