



The Albany Senior Center provides a comprehensive array of recreational programs and services that meet the needs of older adults in the community enhancing quality of life and helping seniors to remain active, healthy and independent.

At the Albany Senior Center, adults 50 and over enjoy socializing in a warm, friendly atmosphere while participating in the quality programs offered. The center is open Monday–Friday from 9 am–5 pm, excluding major holidays.

### ALBANY SENIOR CENTER

Isabelle Leduc, Recreation Supervisor  
 Nick Jordan, Recreation Coordinator  
 846 Masonic Avenue, Albany  
 (510) 524-9122

### Information, Resource Referrals and Form Assistance

The Albany Senior Center maintains up-to-date information on services available to seniors in Alameda County.

**Computer Lab:** Three computers connected to the internet available for public use in the Senior Center lobby. Sign-in for a 30-minute timeslot. First-come, first-served.

**Computer Tutoring:** Free computer tutoring appointments offered by caring volunteers are available. Call the Senior Center for more information.

### Nutrition Services

**The Albany Tri City Café:** Well-balanced dinner served Monday–Friday at 4 pm. Suggested donation: \$4.

**Meals on Wheels:** Delivered Mon, Tue, Thur, Fri to homebound seniors. Suggested donation: \$4.

**Mercy Brown Bag Program:** Grocery bags of nutritional food to seniors on a fixed income. \$10 yearly contribution.

### Health Services

**Podiatry:** Fridays, January 3 & March 14, 9 am–12:30 pm. Podiatry services provided by a licensed podiatrist at a low cost.

**Over 60 Health Clinic:** Mondays, January 13 & March 10, 9 am. A nurse provides foot care, blood pressure checks, medication review and more. Drop-in only.

**Pharmaceutical Collection Bin:** Bring expired/unused prescriptions and over-the-counter medicines from your home and dispose of them safely. Bin is accessible during business hours. Vitamins, controlled substances or needles are not accepted.

### To Enroll

Enrollment or appointments are required to use most of the services provided at the Senior Center. Unless otherwise noted, call (510) 524-9122 for more information.

### Paratransit Services

**East Bay Paratransit (EBP)** is the main provider of paratransit services for anyone who cannot use AC Transit or BART because of a disability. You must become ADA certified to qualify for Paratransit Services. Call (510) 287-5000 to make an appointment and get an application.

**Taxi Subsidy Program:** Using Measure B Funds, Albany Paratransit provides a subsidy on taxi rides to Albany residents 80 years and over and people with disabilities 18 years and over.

**Shopping Trips:** The shuttle provides Albany residents 60+ door-to-door transportation from home to nearby grocery stores. Yearly registration fee required.